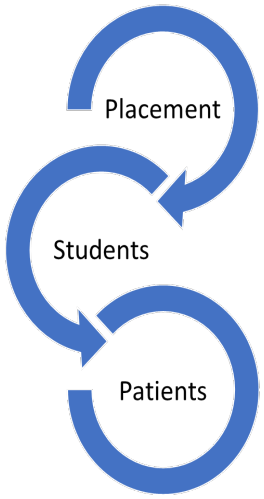
The Benefits of Coaching Bays

Placements:

- Whole team involved with supporting learners
- Students take the lead on day-to-day patient care
- Improved ward culture and learning environment
- Development of whole team

Students:



- Better engagement
- Enhanced learning experience
- Increased confidence and competence
- Opportunity to practice leadership behaviours and consolidate learning
- Skills acquisition improves as more involved and feel part of the team
- Coaching perceived as progressive and superior approach to professional development

Patients:

- Increased patient contact
- Reduction in falls
- Improved skin integrity
- Better communication of needs
- Improved communication with patients and families

Caring through the 6C's

Think—am I delivering care through the 6Cs?

1. Care
2. Compassion
3. Competence
4. Communication
5. Courage
6. Commitment

If you aren't how are you going to change your practice so it has a positive impact on patient care?

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A Student Guide to Coaching Bays



September 2023, Version 1

Guidance

You are responsible for your learning and are encouraged to identify and take responsibility for your own learning needs.

After Handover identify the patients you would like to work with (3rd yrs. 3-6, 2nd yrs. 2-3, 1st yrs. 1-2).

Discuss with your coach and decide on a learning outcome for each shift this should be worded as a question.
i.e. how do I perform an ECG?



Think SMART can you double up and use your learning outcome to support your PAD documentation.

Introduce yourself to your patients as the nurse responsible for their care . (coaches / supervisors should then follow on a few minutes later and explain to patients/families that they are working alongside you and can speak to them if required).

It is your responsibility to deliver the planned care to your patients, performing observations, assisting with medications etc. (coaches should check and counter sign all your documentation).

Guidance

Work as a team, support each other i.e. do your colleagues obs if she/he is on break or off the ward doing his/her learning outcome.

You should be given protected time to research your learning outcomes, again where possible you should be covering the care of each other's patients.

Towards the end of the shift your learning outcomes need to be fed back to your coach and the relevant Coaching paperwork i.e., Daily Learning Log should be completed.

Your Initial interviews need to be completed in your first week, be pro-active to ensure this is done.

Please remember that as student nurses you are responsible but registered nurses are Accountable.



Asking those coaching questions

As an adult learner your Supervisor or coach will not necessarily give you the answer to all your questions. They may throw the question or enquiry back at you and expect you to go away, find out , and feedback. This can sometimes feel frustrating, but the idea is, it will develop you as an autonomous learner and encourage initiative to grow.

- What would you like to get out of the shift today?
- What are your priorities?
- Do you need any extra equipment/ resources?
- Is there another way to……..?
- What could you do to change the situation?
- Who else is involved? Who do you need to tell?
- Tell me why……..?
- Who might be able to help you?
- What support do you need?
- Show me how you……?
- How are you going to approach this?
- Show me how you are going to record this?

